

Hockey League Waiver and Release Form

Participant Waiver and Release Form

I, _____, acknowledge that my participation in the Stratford Summer Hockey League carries inherent risks, including but not limited to injuries to the body or head, and property damage.

In consideration of being permitted to participate in the hockey league, I voluntarily assume all risks associated with my participation, including those resulting from the actions or negligence of other participants, officials, or spectators. I acknowledge that I am responsible for obtaining and maintaining my own health insurance.

I understand that players will have access to the dressing room 20 minutes before the game and must vacate the premises within 15 minutes after the game. Each week, female participants will have access to their own designated dressing room.

I acknowledge that each game will be officiated by one/two referees and one timekeeper. The league is open to both male and female players. All participants are required to adhere to the league rules; failure to comply may result in suspension or expulsion from the league. No refunds will be issued once registration closes.

I understand that accumulating three penalties in a game will result in ejection for the remainder of the game, while body checking may lead to immediate ejection and possible suspension. Engaging in fighting will result in immediate expulsion from the league. Each player is required to wear full hockey equipment. A full face mask is strongly recommended.

I hereby release, waive, discharge, and covenant not to sue Stratford Summer Hockey League, its officers, directors, employees, volunteers, agents, and representatives from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me or any property belonging to me while participating in the hockey league.

I certify that I am physically fit to participate in the hockey league and have not been advised otherwise by a qualified medical professional. I acknowledge that the league is not responsible for any actions or injuries that may occur throughout the season.

I have read this waiver and release form, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Game Format:

- Games consist of two 22-minute straight time periods, with no overtime.
- The last two minutes of the game will be stop time if it is a 1 goal game.
- No contact is allowed during gameplay.
- Icing is when a player on his team's side of the red center line shoots the puck all the way down the ice and it crosses the red goal line at any point (other than the goal). Icing is not permitted when teams are at equal strength or on the power play. When this occurs, play is stopped and the puck is returned to the other end of the ice for a face-off in the offending team's zone.
- Offsides. A team is offside when any member of the attacking team precedes the puck over the defending team's blueline. The position of the player's skate — and not that of his stick — is the determining factor. If both skates are over the blueline before the puck, the player is offside. If he has only one skate over the blueline and one on it, he is onside.

Penalties:

- Minor penalties result in a two-minute thirty second penalty.
- Any head contact or body checking leads to immediate ejection from the game.
- Players ejected from two games receive a suspension and must attend a meeting with the league organizer.
- Closing hand on puck. Any player, other than a goaltender, who catches a puck must immediately knock or place it back down to the ice. Any violation of this will result in a two-minute minor.
- Delay Of Game. The following actions will result in a two-minute minor penalty for delay of game:
 - Deliberately shooting or batting the puck outside the playing area
 - Deliberately displacing the goal from its normal position
 - Failure to provide the proper number of players on the ice surface after a warning from an official or for making an illegal substitution
- Playing the puck with a high-stick. When an opponent bats a puck out of the air with a stick above shoulder height, play shall be stopped and a

faceoff shall ensue. A goal scored by a puck that made contact with a stick that was above the height of the goal crossbar shall be disallowed.

Team Requirements:

- Each team must have a minimum of 13 players, including one goalie.
- Each team can have a maximum of 18 players
- Teams must have both a white and a dark jersey for identification purposes.
 - Jersey link will be provided if a team wants to get custom ones
- Team must supply their own pucks for warmups
- Any skill level is welcome

Costs

- \$285 per player
- No refunds will be funded after April 1st
- If refunded before registration, athlete will receive back \$265

League Outline:

Dressing Rooms:

- Each team is allocated one dressing room.
- The girls' team has a dedicated dressing room.

Free Agents:

- Free agents will be assigned to teams as needed, ensuring all teams have sufficient players for competition.

To agree to this contract, send \$285 to stratfordsummerhockey@gmail.com

Participant's Name: _____

Participant's Signature: _____

Date: _____